
Harpagan

Autor: Maciux - 2008/09/10 01:15

Czy ktos sie wybiera na harpagana pazdziernikowego?

Kto nie na imprezyniech zajrzy na stronke <http://www.harpagan.pl>

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O:Harpagan

Autor: czajna - 2008/09/10 19:49

Ja za¶ zapraszam do udzia³u w czym¶ takim: <http://nocnamasakra.pl/>

W skrocie:

*Jeden z najkrótszych dni w roku

*Ekstremalne, zimowe warunki

*Ekstremalne trasy: Trasa piesza: 100 km w 24h, Trasa rowerowa: 200 km w 15h i Trasa Ekstremalna: 100 km pieszo i 200 km na rowerze w 39 h

Ja startuje w pieszej i zapraszam wszystkich. Impossible is nothing ;)

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O:Harpagan

Autor: tomasz_ - 2008/09/19 20:13

<http://ironman.com/>

To mo¿e zaprosimy wszystkich na bieg p³ywanie czy maraton

Międzynarodowy system sprawdzaj±cy wytrzyma³o¶æ: laugh:

Distance:

2.4 mi. swim " 112 mi. bike " 26.2 mi. run

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O:Harpagan

Autor: Tomek1965 - 2008/09/19 20:32

Ja siê wybieram na Harpagana na trasê rowerow±.Ciekawe ,gdzie siê odbêdzie?

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O:Harpagan

Autor: Roberto - 2008/10/03 20:46

tomasz_ napisa³:

<http://ironman.com/>

To mo¿e zaprosimy wszystkich na bieg p³ywanie czy maraton

Międzynarodowy system sprawdzaj±cy wytrzyma³o¶æ: laugh:

Distance:

2.4 mi. swim " 112 mi. bike " 26.2 mi. run

W zime? Nie dziekuje.

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O:Harpagan

Autor: tomasz_ - 2008/10/04 18:07

Wybierz sobie pore roku...

Race Listing: Ironman
Ironman UK Triathlon Logo

Ironman UK Triathlon
September 7, 2008 (Past)
Sherborne, Dorset, United Kingdom
<http://www.ironmanuk.com>
Registration Status:
 Accepting Applications
Ford Ironman World Championship Logo

Ford Ironman World Championship
October 11, 2008
Kona, Hawaii
<http://ironman.com/worldchampionship>
Registration Status:
 By Qualification Only

Ford Ironman Florida Logo

Ford Ironman Florida
November 1, 2008
Panama City Beach, Florida
<http://www.ironmanflorida.com>
Registration Status:
 Sold Out
Ford Ironman Arizona Logo

Ford Ironman Arizona
November 23, 2008
Tempe, Arizona
<http://www.ironmanarizona.com>
Registration Status:
 Sold Out

Ironman Western Australia Triathlon Logo

Ironman Western Australia Triathlon
December 7, 2008
Busselton, Australia
<http://www.ironmanwa.com>
Registration Status:
 Accepting Applications
Lotto Ironman Langkawi Malaysia Triathlon Logo

Lotto Ironman Langkawi Malaysia Triathlon
February 28, 2009
Langkawi, Malaysia
<http://www.ironmanlangkawi.com.my>
Registration Status:
 Accepting Applications

Bonita Ironman New Zealand Logo

Bonita Ironman New Zealand
March 7, 2009
Taupo, New Zealand
<http://www.ironman.co.nz>
Registration Status:
 Accepting Applications
Spec-Savers Ironman South Africa Logo

Spec-Savers Ironman South Africa
April 5, 2009
Port Elizabeth, South Africa
<http://www.ironmansouthafrica.com>
Registration Status:
Accepting Applications

Panthers Ironman Australia Triathlon Logo

Panthers Ironman Australia Triathlon
April 5, 2009
Port Macquarie, N.S.W., Australia
<http://www.ironmanoz.com/>
Registration Status:
Accepting Applications
Ironman China Logo

Ironman China
April 19, 2009
Haikou, Hainan
<http://www.IronmanChina.com>
Registration Status:
Accepting Applications

Ironman Lanzarote Canarias Triathlon Logo

Ironman Lanzarote Canarias Triathlon
May 23, 2009
Lanzarote, Canary Islands, Spain
<http://www.ironmanlanzarote.com>
Registration Status:
Accepting Applications
Brasil Telecom Ironman Triathlon Florianopolis Logo

Brasil Telecom Ironman Triathlon Florianopolis
May 31, 2009
Florianopolis Island, Brazil
<http://www.ironmanbrazil.com>
Registration Status:
Accepting Applications

Ironman Japan Triathlon Logo

Ironman Japan Triathlon
June 21, 2009
Goto, Nagasaki
<http://www.ironmanjapan.com>
Registration Status:
Not Yet Accepting Applications
Ford Ironman USA Coeur d'Alene Logo

Ford Ironman USA Coeur d'Alene
June 21, 2009
Coeur d'Alene, Idaho
<http://www.ironmancda.com>
Registration Status:
Sold Out

Ironman France Logo

Ironman France
June 28, 2009
Nice, France
<http://www.ironmanfrance.com>
Registration Status:

Accepting Applications
Ironman Austria Logo

Ironman Austria
July 5, 2009
Klagenfurt, Austria
<http://www.ironmanaustria.com>
Registration Status:
Sold Out

Frankfurter Sparkasse Ironman European Championship, Frankfurt Logo

Frankfurter Sparkasse Ironman European Championship, Frankfurt
July 5, 2009
Frankfurt, Germany
<http://www.ironman.de>
Registration Status:
Sold Out

Ironman Switzerland Logo

Ironman Switzerland
July 12, 2009
Zurich, Switzerland
<http://www.ironman.ch>
Registration Status:
Accepting Applications

Ford Ironman USA Lake Placid Logo

Ford Ironman USA Lake Placid
July 26, 2009
Lake Placid, New York
<http://www.ironmanusa.com>
Registration Status:
Sold Out

Subaru Ironman Canada Logo

Subaru Ironman Canada
August 30, 2009
Penticton, B.C. Canada
<http://www.ironman.ca>
Registration Status:
Sold Out

Ford Ironman Louisville Logo

Ford Ironman Louisville
August 30, 2009
Louisville, Kentucky
<http://www.ironmanlouisville.com>
Registration Status:
Accepting Applications

Ford Ironman Wisconsin Logo

Ford Ironman Wisconsin
September 13, 2009
Madison, Wisconsin
<http://www.ironmanwisconsin.com>
Registration Status:
Sold Out

Ironman Cozumel Logo

Ironman Cozumel
November 29, 2009

Cozumel, Quintana Roo, Mexico
http://www.ironmancozumel.com
Registration Status:
Accepting Applications

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O:Harpagan

Autor: Tomek1965 - 2008/10/20 19:10

Kto by³ na 36-tym Harpaganie?

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O:Harpagan

Autor: Blasiaczek - 2008/10/21 08:44

By³em:)

38 m-ce, 14 PK, 42 PW. Mog³o byæ lepiej, zaliczyli¶my kilka wtop niestety:(

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O:Harpagan

Autor: Tomek1965 - 2008/10/21 15:17

ja te¿ by³em 46pkt. wag.jestem zadowolony.¶wietna impreza.To by³ mój 11-ty Harpagan i jeden z najbardziej udanych.Polecam t± imprezê.

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